

Boatswain's Mate Named SSOQ

By MCSN Geoffrey Lewis
Penny Press staff

Boatswain's Mate 1st Class (SW/AW) Johnny Ford was recently named USS Abraham Lincoln's (CVN 72) Senior Sailor of the Quarter (SSOQ).

Ford is the leading petty officer of Deck Department's 2nd division. The announcement was made July 10 by Lincoln's Commanding Officer Capt. C.A. McCawley.

"When I found out that I made SSOQ, I was very happy and surprised, to say the least, because there was a lot of great competition," Ford said.

Ford said this was not the first time he had been nominated for an SSOQ award.

"Two quarters ago I was nominated for Abraham Lincoln's SSOQ," Ford said. "However, I didn't make it."

He was also nominated at his previous command, Naval Security Group Activity, Bahrain.

"The first time, I was nervous," said Ford. "I was very relaxed this time."

Although Ford had an idea of what the members on the board were looking for, he admits that it still doesn't get any easier.

"It's still intimidating, because you're going up in front of a



Photo by MCSN Geoffrey Lewis

BM1(SW/AW) Johnny Ford (upper right) was named USS Abraham Lincoln's (CVN 72) senior sailor of the quarter. Ford's leadership and professionalism helped to set him apart.

lot of master chiefs and senior chiefs," he said.

Boatswain's Mate Master Chief (SW/AW) James Williams explained why he nominated Ford for the award with three simple words: "He deserved it."

"He's a very professional and dynamic leader that sets a

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Abe's New Suppo Hits the Deckplates Running

By MCSN Ronald Dallatorre
Penny Press staff

Aboard USS Abraham Lincoln (CVN 72) there's a new face in the upper chain of command for Supply Department. Cmdr. Jim Liberko took over as Supply Officer June 30, and said he couldn't be happier.

"I'm excited to be a team member of the Lincoln," said Liberko. "The Supply Department is an award-winning supply department throughout its history, and I

hope to keep that tradition alive."

Liberko, a native of Rochester, Minn., transferred from Naval Aviation Depot (NADEP) North Island, Calif., where he served as the Fleet Industrial Supply Center (FISC) Site Director.

Working in Supply is no new task for the Marquette University graduate who got his degree in Accounting; he's been working for the Navy Supply Corps since 1988.

"As a department head for Supply, we're ultimately responsible for the morale and

warfare of the crew on one side and also for keeping the planes in the air. As a warship, keeping the planes in the air is our number one priority," he said.

Liberko is in charge of almost 600 Supply Department Sailors. He also works closely with the Aircraft Intermediate Maintenance Department (AIMD).

"We keep the planes in the air by providing the parts, and our friends from

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News

Spotlight Sailors



PCSN April Burkett
Supply/S-12

Hometown:

NOT FOR PUBLIC RELEASE

Reported on board:

Dec. 28, 2004

Hobbies:

"I'm learning to play the guitar and I like hanging out with friends."

Reason she joined the Navy:

"I wanted to see the world and earn money for college."

PCSN Burkett's most memorable event in her career:

"The 2005 surge deployment when USS Abraham Lincoln (CVN 72) provided humanitarian aide to the people of Indonesia."



AM3(AW) Jose Rivera
VFA-34/Corrosion Control

Hometown:

NOT FOR PUBLIC RELEASE

Joined the Navy:

Jan. 8, 2002

Hobbies:

"I work out, fish and draw."

Reason he joined the Navy:

"I joined the Navy to travel the world and to have an out of the ordinary career."

The most memorable event in AM3(AW) Rivera's career:

"I was able to shake the hand of the Secretary of Defense."



PSNS radiography and shipyard safety training is showing on site TV July 22. This training is required for all hands. Check Ch. 5 for show times.



July 21, 1943

A PBY Catalina of VP-94 sinks the German submarine U-662 off the mouth of the Amazon River in Brazil.

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	MC3 James McGury
	MCSN Ronald Dallatore
	MCSN James Evans
	MCSN Timothy Roache
	MCSN Michael McNabb

Local News

Why Wait Every Four Years?

Abe's Deck Department Starts Their Own Olympic Games

MCSN JAMES EVANS
Penny Press staff

The boatswain's mates (BMs) of USS Abraham Lincoln (CVN-72) took a break from their normal activities last week to hold a competition celebrating the unique skills of their rate.

The first ever Boatswain's Mate Olympics were held on Lincoln's foc'sle July 14. All BMs not on watch were encouraged to participate in the olympics, which pitted Sailors from each of Deck Department's three divisions against one another in a series of events designed to test their skill and knowledge of the rate.

"The olympics are designed to build up team spirit, camaraderie and some healthy competition between the divisions," said Master Chief Boatswain's Mate (SW/AW) James Williams, Deck Department's leading chief petty officer.

Competition included rigging an underway replenishment station, knot tying, "name that knot," best lanyard, piping and the heaving line throw.

"For the most part, the events are for the E-4 and below to prepare them for the rate exam, but it's a fun day for everyone," said Boatswain's Mate 2nd Class (SW/AW) Fred Lowe. E-5 and above participants acted as team leaders, referees, judges, and enthused spectators for the events.

"In the first event, we had four teams set up underway replenishment (UNREP) stations," said Lowe. "The goal was to see which team could set up the fastest with the fewest errors, then correctly answer questions afterward."

Following the UNREP station set-up were several knot-related competitions. During these, Sailors competed to tie the most knots in under two minutes, splice two bits of line in the shortest time and correctly identify knots they were shown.



Photo by MCSN James Evans

BM3 Benjamin Acostaramos competes in the piping portion of the Boatswain's Mate Olympics on the foc'sle. The games were designed to give junior Deck Department Sailors the opportunity to compete in unique boatswain's mate skills.

In addition to tying knots on the spot, the competitors sporting lanyards for their boatswain's pipes were judged by Master Chief Williams for the quality and variety of knots in their lanyards.

"Out of all the rates, we're the only ones who can wear the lanyard with our dress blues, so there's a lot of pride in making it," said Lowe.

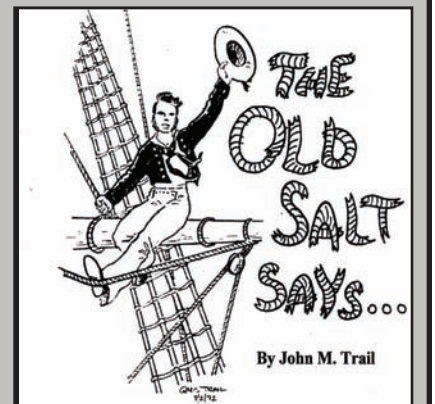
Lt. Cmdr. Iakupo Poyer, Lincoln's first lieutenant, then judged the piping competition, in which qualified Sailors attempted to flawlessly perform the calls for all hands, attention, sweepers, piping the side and heave around.

The Boatswain's Mate Olympics came to an end with the heaving line throw, in which participants

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Log

Hey Oppo's! Today any bound record kept on a daily basis onboard ship is called a "log." Originally, records were kept onboard sailing ships by inscribing information onto shingles cut from wooden logs and hinged so they would open like books. This was due to the fact that in the days of "iron men and wooden ships" vessels shipped a lot of white and green water and paper did not last very long in this damp environment. When ships became a lot dryer inboard and paper became cheaper and more readily available. "Log books" were manufactured from paper and bound. Shingles were relegated to Naval Museums, but the slang term "log" stuck.



WEEK AT A GLANCE

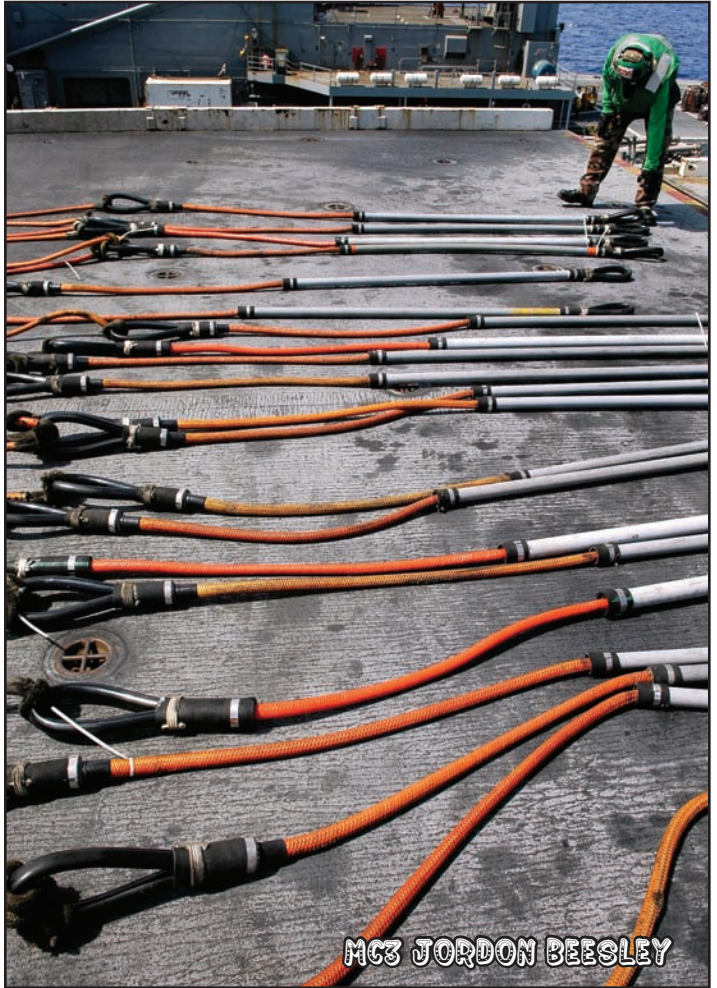




MC3 JORDON BEESLEY



MC3N RONALD DALLATORRE



MC3 JORDON BEESLEY

Local News

Get a Big Bang for Your Big Bucks

By MCSN TIM ROACH

Penny Press staff

As USS Abraham Lincoln (CVN 72) nears the end of deployment, every Sailor is anticipation not only of home coming but of Big Bucks Bingo.

This special end of deployment Big Bucks Bingo promises fantastic prizes.

"We do bingo to help boost morale by giving Sailors a chance to partake in something fun and take home some great prizes," said Electrician's Mate 2nd Class (SW) Corrine Jensen, Abe's Morale, Welfare and Recreation's (MWR) leading petty officer.

This year's grand prize is a 2006 Ford Escape Hybrid purchased from Navy Auto Source by Abe's MWR.

"The Navy wants to give away something more environmentally friendly," said Jensen about this year's grand prize.

In case there is a tie for the Ford Escape Hybrid, each winner after the first will receive \$1,000 cash.

Along with the SUV, MWR will give out other prizes including cash prizes from \$500 to \$4,000, a digital camera, an X-Box 360 and an all-expense-paid trip for two to see the NASCAR Ford 400 in Homestead, Fla.

Airman Adam Hill of Air Department said he has a strategy to win the Ford Escape Hybrid.

"I'm buying three or four tickets at a time, and spacing the times when I buy them," Hill said.

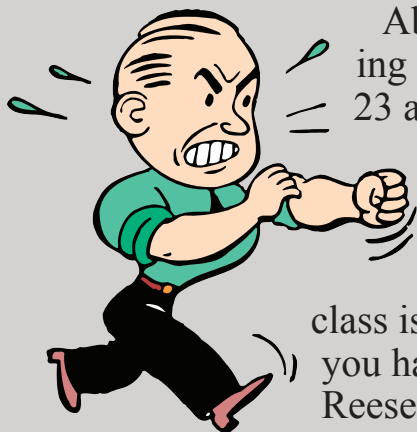
"I would like to win the car, but I will be happy with the money."

Big Bucks Bingo is sponsored by Navy Auto Source and Abe's MWR.

Big Bucks Bingo will be held on July 25th on channel 5 at 8PM.

To find out more about Bingo, or increase your odds of winning, purchase your Big Bucks Bingo tickets from MWR on the Aft Mess decks.

Got Anger Problems?



Abe's psychologist is conducting anger management classes July 23 and 30 starting at 10 a.m. in classroom 1. The main topic of discussion is learning the biology of anger and how to use it to your benefit. The class is open to anyone to attend. If you have any questions, contact Lt. Reese at j-dial 6696 or PCS 2018.

SUPPO

Continued from page 1

AIMD provide the maintenance labor," Liberko said.

He added that Supply Department is also here to provide services such as, laundry, the ship's store, the barber shop, and food services for the crew.

Overall Liberko said he is here to make sure Supply Department is keeping up with the highest traditions of the Navy.

"We're going to keep the Supply Department moving at light speed," he said. "Were here to go faster and to do things better than we have before."

SSOQ

Continued from page 1

good example for his Sailors to follow," Williams added. "He pretty much runs 2nd Division. He does everything from underway replenishments (UNREP) to tying up barges in the fantail. He does everything."

Ford doesn't claim all the credit for himself, however; he credits his Sailors as the main

reason he was named SSOQ.

"I judge my success on my people's success," Ford said. "I can do all of these things and achieve all the qualifications that I want, but if each individual Sailor in my division wasn't prospering or doing the things that they're supposed to do, I wouldn't be successful."

Boatswain's Mate Seaman

Tyrel Atchley further stressed the idea that Ford is very people-oriented.

"He goes that extra mile to make sure that everyone is up to par on basic military requirements and on-the-job training," said Atchley.

"I worked under him as a rigger on an UNREP station for the longest time," Atchley said. "I asked him about moving up to rig captain and he took the

extra time to teach me all I needed to know about being a rig captain. Before we knew it, I was running my own UNREP station as a rig captain."

Ford had some advice for those who are striving to be SSOQ.

"Take care of your troops," he said. "Inevitably they're the ones that take care of you; they're the ones that make you look good."

Local News

Games

Continued from page 3

were given three tries to toss a heaving line through a suspended life ring.

Second Division took first place in the olympics and will be the first team on the ship to receive a pair of crossed wooden anchors which will serve as the Boatswain's Mate Olympics trophy.

The winning team consisted of team leader BM2 Lawrence Smith, BM3 John Armstrong, BMSN Tyrel Atchley, BMSN Michael Eoff, BMSN Michael Sullivan, and BMSN Erwin Johnson.

According to Boatswain's Mate First Class (SW/AW) Johnny Ford, leading petty officer of 2nd Division, Deck Department hopes to make the olympics an annual event to keep junior Sailors motivated in continuing to improve their skills.

"It's fun and it's training all at the same time," said Ford, "It gives our guys a chance to show everyone how good they are at what it is they do."



Photo by MCSN James Evans

SN Elijah Thornton and other members of Deck Department compete in the knot tying portion of the Boatswain's Mate Olympics. The olympics gave junior Sailors the opportunity to compete in Boatswain's Mate skills.

Big Bucks Bingo is around the corner!!

Two people from the ship could win an all-expense-paid trip to the NASCAR Ford 400 in Homestead, Fla. Winners will stay for three nights, get \$500 dollars spending money and pit/garage passes.

Winners will be announced during the pre-black-out drawing during the next Bingo on July 25.

Tickets on sale now!!



ALUR

Local News



Shipmates

The strength of a warship lies in the hearts and hands of its crew



Photo By MCSN James Evans

AM1(AW/SW) Kristopher Kelley and AMAN Brandon Fournier of Aviation Intermediate Maintenance Department (AIMD) IM 2 Division perform hardness testing on structural components of an F/A-18C Hornet in the hangar bay.

USS Abraham Lincoln Safety
Department's

Safety Sailor of the Week

While using a needle gun to prepare an emergency scuttle for painting, Airman Recruit Justin Force, Air Department's V-3 division, ensured his safety by using the proper PPE (goggles, gloves and double hearing protection).



PHOTO BY SK1(SW/AW/SS) RICHARD WARD

**Airman Recruit
Justin Force**



Editor's Top 10

Signs you've been underway for too long....

10. Standing in line becomes almost comforting.
9. You realize the only person happy to be your shipmate is the skipper.
8. "Good Game" becomes the equivalent to a handshake.
7. Your skin is turning a sickly "Mountain Dew" green.
6. It doesn't hurt when you hit your head anymore. (Must be over 6'3" to get joke.)
5. You realize you've memorized every song on your iPod.
4. Relatives send you Red Cross messages wondering where you are.
3. You believe that deployments are proof that God loves you and wants you to be happy.
2. The term "critical" sneaks its way into your vocabulary.
1. You write your spouse a letter, they respond with, "Who are you?"